



**ARPITA DAS**

M.Sc, B.Ed, M.A(EDU)

**SPECIALIZATION: HOME SCIENCE, FOOD & NUTRITION, CCE TRAINED**

**CONTACT: EMAIL: [arpita.das88@gmail.com](mailto:arpita.das88@gmail.com)**

**PHONE: +91 9903904028, +91 7003518781**

**WORKING EXPERIENCE**

DESIGNATION	INSTITUTION	YEAR
<b>HOME SCIENCE MISTRESS (ICSE BOARD)</b>	DOWHILL SCHOOL, KURSEONG	MARCH 2016 – JUNE 2017
<b>GUEST LECTURER (FOOD AND NUTRITION)</b>	SAHEED NURUL ISHLAM MAHAVIDYALAYA, WEST BENGAL STATE UNIVERSITY	NOVEMBER 2014- SEPTEMBER 2015
<b>HOME SCIENCE MISTRESS (CBSE BOARD)</b>	TECHNO INDIA GROUP PUBLIC SCHOOL, HOOGHLY	JULY 2013- MARCH 2014
<b>GUEST LECTURER (FOOD AND NUTRITION)</b>	BUDGE BUDGE COLLEGE, CALCUTTA UNIVERSITY	JULY 2012- MAY 2013
<b>INTERN DIETICIAN</b>	B.P.PODDAR HOSPITAL AND MEDICAL RESEARCH INSTITUTE,KOLKATA	DECEMBER 2008
<b>DIABETIC EDUCATOR</b>	APOLLO GLENEGLES HOSPITAL	2011

**EDUCATIONAL QUALIFICATION**

DEGREE	YEAR	BOARD/ UNIVERSITY	MARKS (%) & DIVISION
<b>M. A (EDUCATION)</b>	2016-2018	NSOU	60.5
<b>NET-ASSISTANT PROFESSOR</b>	2013-DECEMBER	UGC	58.29
<b>B. Ed</b>	2013	CALCUTTA UNIVERSITY	75.3/ I
<b>M. Sc IN FOOD AND NUTRITION</b>	2011	CALCUTTA UNIVERSITY	65.0/ I

<b>INDIA DIABETES EDUCATOR PROJECT</b>	2011	PROJECT HOPE, IDF, NEW DELHI	78.5/ I
<b>B. Sc (HONS.) IN FOOD AND NUTRITION</b>	2009	CALCUTTA UNIVERSITY	74.25/ I
<b>12 TH</b>	2006	W.B.C.H.S.E.	85.4/ I
<b>10 TH</b>	2004	W.B.B.S.E.	84.13/ I

### CO-CURRICULUM

- ❖ Blessed disciple of Smt. Mamata Shankar as a **Dancer** of Uday Shankar Dance style, participated in various shows all over India and all West Bengal Cultural Affairs organized shows as a member of Mamata Shankar Ballet Troupe.
- ❖ INTERNATIONAL PARTICIPATION: participated as the Govt. of India Youth Representative in the **4<sup>TH</sup> MALAYSIA INTERNATIONAL YOUTH PROGRAMME, KUWALALUMPORE, MALAYSIA in 2012**, on the occasion of 2 Million Youth Gathering and Conference on Climatic Change & Youth Awareness and also participated in the cultural events presenting Indian traditions and culture.
- ❖ NATIONAL PARTICIPATION: participates ad NSS Volunteer representing west Bengal in **REPUBLIC DAY PARADE CAMP 2012, NEW DELHI**, also performed in President's House, Prime Minister's House and Vice-President's House of India.
- ❖ Best NSS Volunteer Award, university of Calcutta in 2012-2013.

### PERSONAL DETAILS

- ✓ **NAME:** ARPITA DAS
- ✓ **FATHER:** ASHIT KUMAR DAS
- ✓ **DATE OF BIRTH:** 12/04/1988
- ✓ **GENDER:** FEMALE
- ✓ **LANGUAGE KNOWN: WRITING & SPEAKING: BENGALI, ENGLISH, HINDI**
- ✓ **ADDRESS:**  
**PERMANENT: 142, RAMKRISHNA SARAI, FLAT 5, FLOOR 2, P:O: & P:S: PARNASREE, BEHALA, KOLKATA 700060**

### REFERENCE

1. Dr.Vidyawati Agarwal, Reader, Dept. of Political Science, Siliguri College, North Bengal University, ph: 09434150845
2. Mr.Avik Bhattacharjee, Assistant Teacher, Calcutta Emmanuel School, Kolkata ph: +91 9874958478

I, undersigned, certify that to the best of my knowledge and belief, this resume correctly describe me and my qualifications.

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**ARPITA DAS**

